

## Pressure Ulcers eCourse: Module 5.4 – Quiz I

1. A skin barrier product should be used to on the periwound skin to:
  - a. Keep it dry
  - b. Prevent infection
  - c. Prevent maceration
  - d. Help dressing adherence
  
2. It is generally accepted that wound healing is optimized when the wound is kept dry.  
  
True    False
  
3. What type of dressing is a skin substitute that aids in wound closure and replaces the functions of the skin?
  - a. Hydrocolloid
  - b. Transparent film
  - c. Biologic
  - d. Hydrogel
  - e. Silicone
  
4. Exudate from a wound usually decreases as a pressure ulcer heals.  
  
True    False
  
5. What dressing type encourages wound healing by stimulating the deposit of fibers necessary for growth of tissue and blood vessels?
  - a. Cadexomer iodine
  - b. Biologic
  - c. Transparent film
  - d. Foam
  - e. Collagen matrix

6. What type of dressing is made of carbohydrate-based material and is adhesive, moldable wafers that are impermeable to oxygen, water and water vapor?
- a. Hydrogel
  - b. Collagen matrix
  - c. Hydrocolloid
  - d. Foam
  - e. Gauze
7. It is important of follow the manufacturer’s recommendations regarding frequency of dressing changes.
- True    False
8. What dressing type is designed to lie directly on the wound’s surface and is non-allergic and non-stick?
- a. Foam
  - b. Hydrocolloid
  - c. Collagen matrix
  - d. Silicone
  - e. Gauze
9. Which dressing type is best for clean, non-infected and shallow Stage II pressure ulcers?
- a. Hydrocolloid
  - b. Collagen matrix
  - c. Transparent film
  - d. Gauze
10. Which types of dressings should be used to protect body areas at risk for friction or tape injury?
- a. Hydrogel
  - b. Silver-impregnated
  - c. Transparent film
  - d. Hydrocolloid

11. Transparent film dressings are NOT appropriate:
- a. As cover dressing over enzymatic debriding agents
  - b. For autolytic debridement
  - c. On moderately to heavily exudating ulcers
  - d. As a secondary dressing with alginates
12. Which type of dressing is suitable for pressure ulcers without depth and contours on body areas that are at risk for dressing migration?
- a. Hydrocolloids
  - b. Hydrogel
  - c. Transparent film
  - d. Alginate
13. Alginate dressing may need to be irrigated first to ease removal.
- True    False
14. What type of dressing is suitable for exudative Stage II and shallow Stage III, painful pressure ulcers?
- a. Hydrogel
  - b. Transparent film
  - c. Silver-impregnated
  - d. Foam
15. We should use multiple pieces of gauze to fill deep pressure ulcers.
- True    False
16. Which type of dressing is suitable for pressure ulcers that are heavily colonized or infected?
- a. Foam
  - b. Hydrogel
  - c. Alginate
  - d. Silver-impregnated

17. Cadexomer iodine dressings are suitable in pressure ulcers with moderate to high exudate.
- True    False
18. What is a good dressing choice to promote atraumatic dressing changes and prevents tissue injury when the ulcer or periwound tissue is fragile or friable?
- a. Hydrogel
  - b. Silicone
  - c. Hydrocolloids
  - d. Alginate
19. There is insufficient evidence to support the use of biological dressing or skin substitutes in the treatment of pressure ulcers.
- True    False
20. Why is gauze not a good choice as a dressing for pressure ulcers?
- a. Is expensive
  - b. Labour intensive to use
  - c. Causes pain when removed
  - d. Dries out viable tissue
21. For highly exudative pressure ulcers, we should use tightly woven gauze.
- True    False

## Answers to Module 5.4 – Quiz I

- Q1 a,c
- Q2 False – Wounds should be kept moist for best healing.
- Q3 c
- Q4 True – This will affect the choice of dressing as the wound heals.
- Q5 e
- Q6 c
- Q7 True
- Q8 d
- Q9 a
- Q10 c,d
- Q11 a,c
- Q12 b
- Q13 True
- Q14 d
- Q15 False – Not a good idea! Any retained gauze in the wound bed can serve as a source of infection. Use a single strip or roll of gauze.
- Q16 d
- Q17 True
- Q18 b
- Q19 True
- Q20 b,c,d
- Q21 False – We should use loosely woven gauze for highly exudative ulcers and tightly woven gauze for minimally exudate ulcers.